

February 2024



Heart Health Awareness Month



Monday	Tuesday	Wednesday	Thursday	Friday
FLAGLER COUNTY SENIOR CENTER 2200 State Street (US1 N) Bunnell, FL 32110	Community Legal Services of Mid-Florida FOR APPOINTMENTS 800-405-1417 www.clsmf.org		1 _____ 9:30 Coffee Chat 10:30 Halifax Health-Heart Month 12:00 Lunch	2 <u>Ground Hog Day</u> 9:30 Coffee Chat 10:30 HealthCare Decisions w/AdventHealth 12:00 Lunch
5 _____ 9:30 Coffee Chat 10:30 Chat Pack Fun Questions & Conversations 12:00 Lunch	6 _____ 9:30 Coffee Chat 12:00 Lunch	7 \$ _____ 9:30 Coffee Chat 10:30 Step 'N Line Dance 12:00 Lunch 1:00 Shopping: Walmart	8 \$ _____ 9:30 Coffee Chat 10:30 Wii Games Day 12:00 Lunch	9 _____ 9:30 Coffee Chat 10:30 Arts & Craft w/Island Doctors 12:00 Lunch
12 _____ 9:30 Coffee Chat 10:30 Valentine Day Fun. Pink/Red Day. 12:00 Lunch	13 _____ 9:30 Coffee Chat 12:00 Lunch	14 <u>Happy Valentine's Day</u> 9:30 Coffee Chat 10:30 AdventHealth Diabetes Education 12:00 Lunch 1:00 Shopping: Target	15 \$ _____ 9:30 Coffee Chat 10:30 Walking to the Oldies 12:00 Lunch	16 \$ _____ 9:30 Coffee Chat 10:30 Tic Tac Toe Toss. 12:00 Lunch
19 <u>BIRTHDAY BASH</u> 9:30 Coffee Chat 12:00 Lunch	20 _____ 9:30 Coffee Chat 12:00 Lunch	21 \$ _____ 9:30 Coffee Chat 10:30 Step 'N Line Dance 12:00 Lunch 1:00 Shopping: Walmart	22 _____ 9:30 Coffee Chat 10:30 Devoted Health's 5* - Medicare/Medicaid 12:00 Lunch	23 _____ 9:30 Coffee Chat 10:30 Movie Day 12:00 Lunch
26 \$ _____ 9:30 Coffee Chat 10:30 Tai Chi Video 12:00 Lunch	27 _____ 9:30 Coffee Chat 12:00 Lunch	28 <u>Senior Center Store</u> 9:30 Coffee Chat 10:30 AdventHealth 12:00 Lunch 1:00 Shopping: Target	29 _____ 9:30 Coffee Chat 10:30 AdventHealth 12:00 Lunch	

For Reservations:
Call 386-313-4370

Flagler County Senior Center
 Mon – Fri 9:30 AM – 1:00 PM

Activities are subject to change