Flagler County Board of County Commissioners – Senior Services **For Reservations**\*, call 386- 313-4370

February 2024 Menu LOW FAT MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
For Health Reasons Taking Out Potentially-Hazardous Foods From This Dining Site Is <i>NOT</i> <i>RECOMMENDED</i> <u>Doing So Is</u> <u>At Your Own Risk</u>	<b>STOP THAT BUS</b> Did your plans change? CALL 386-313-4100 To cancel your bus service	February,	1 <u>Stuffed Pasta in Broccoli</u> <u>Cheese Sauce</u> Broccoli Cranberry Apples Blended Juice 8 oz. 1% Milk	2 <u>Pork Riblet in BBQ Sauce</u> Mixed Vegetables Sweet Potatoes Whole Wheat Bread Apple Juice 8 oz. 1% Milk
5 <u>Sweet and Sour Pork</u> Corn Fried Rice Whole Wheat Bread Blended Juice 8 oz. 1% Milk	6 <u>Hamburger Patty</u> Carrots Diced Potatoes Whole Grain Bun Ketchup & Mustard Apple Spice Cookie 8 oz. 1% Milk	7 <u>Chicken Patty w/Picadillo</u> <u>Sauce</u> Green Peas Sweet Potatoes Dinner Roll 2 Margarine Cups Blended Juice/8 oz 1% Milk	8 <u>Pasta Bolognese</u> Italian Vegetable Blend Whole Grain Bread 1 Margarine Cup Apple Juice 8 oz. 1% Milk	9 <u>Honey Mustard Chicken</u> Carrots Diced Potatoes Whole Grain Bread Margarine Cup Lemon Sandwich Cookies 8 oz. 1% Milk
12 <u>Beef Patty in Teriyaki</u> Mixed Vegetables White Rice Whole Wheat Bread Pineapple Juice 8 oz. 1% Milk	13 <u>Chicken in Italian Sauce</u> Green Beans Diced Potatoes Whole Grain Bread Blended Juice 8 oz. 1% Milk	14 <u>Meatballs and Pasta</u> <u>Marinara</u> Steamed Broccoli Whole Wheat Bread Special Valentine's Day Dessert 8 oz. 1% Milk	15 <u>Chicken Fajita</u> Butternut Squash Black Beans Whole Grain Bread Apple Juice 8 oz. 1% Milk	16 <u>Rancheros Cheese Omelet</u> Breakfast Potatoes Cranberry Pears Whole Grain Bread Margarine Cup 8 oz. 1% Milk
19 <u>Beef Patty in Brown Gravy</u> Mixed Vegetables Brown Rice Whole Grain Bread Apple Cherry Juice 8 oz. 1% Milk	20 <u>Three Cheese Macaroni and</u> <u>Cheese</u> Carrots Green Beans Whole Wheat Bread Margarine Cup Blended Juice/8 oz 1% Milk	21 <u>Dinner Loaf</u> Stewed Tomatoes Diced Potatoes Whole Wheat Bread Strawberry Sandwich Cookies Apple Juice/8 oz. 1% Milk	22 Breaded Chicken w/Pepper Gravy Brussels Sprouts Mixed Vegetable & Squash Whole Grain Bread 2 Margarine Cups Blended Juice/8 oz. 1% Milk	23 <u>Chili Dog</u> Chili Sauerkraut Buns Mustard, Ketchup, Relish 8 oz. 1% Milk
26 <u>Twisted Mac &amp; Cheese</u> Mixed Vegetables Whole Grain Bread 1 Margarine Cup Blended Juice 8 oz. 1% Milk	27 <u>Egg w/Sausage Country</u> <u>Pepper Gravy</u> Maple Cinnamon Apples Breakfast Potatoes Whole Grain Bread Graham Crackers 8 oz. 1% Milk	28 <u>Diced Chicken</u> Green Bean Pepper Mix Yellow Rice w/tomato Whole Wheat Bread Peanuts Apple Cherry Juice 8 oz. 1% Milk	29 <u>Stuffed Pasta in Broccoli</u> <u>Cheese Sauce</u> Broccoli Cranberry Apples Blended Juice 8 oz. 1% Milk	February

\*Meal Reservations are required and must be received by NOON the <u>day before</u> you want to come in. Make cancellations as soon as possible.

Menu & times subject to change