




January 2024 National Mental Wellness Month

Monday	Tuesday	🛒 Wednesday 🛒	Thursday	Friday
<p>1. Center Closed</p> 	<p>2 _____ 9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>3 _____ 9:30 Coffee Chat 10:30 Step 'N Line Dance 12:00 Lunch 1:00 Shopping: Walmart</p>	<p>4 _____ 9:30 Coffee Chat 10:30 Halifax Health w/Casey Ryan 12:00 Lunch</p>	<p>5 _____ 9:30 Coffee Chat 10:30 TBD 12:00 Lunch</p>
<p>8 _____ 9:30 Coffee Chat 10:30 TBD 12:00 Lunch</p>	<p>9 _____ 9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>10 _____ 9:30 Coffee Chat 10:30 Yoga w/Mimi 12:00 Lunch 1:00 Shopping: Target</p>	<p>11 _____ 9:30 Coffee Chat 10:30 TBD 12:00 Lunch</p>	<p>12 _____ 9:30 Coffee Chat 10:30 Halifax Health 12:00 Lunch</p>
<p>15 Center Closed</p> 	<p>16 _____ 9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>17 _____ 9:30 Coffee Chat 10:30 Step 'N Line Dance 12:00 Lunch 1:00 Shopping: Walmart</p>	<p>18 _____ 9:30 Coffee Chat 10:30 TBD 12:00 Lunch</p>	<p>19 _____ 9:30 Coffee Chat 10:30 Home-Instead - Seniors Info 12:00 Lunch</p>
<p>22 BIRTHDAY BASH</p> <p>9:30 Coffee Chat</p>  <p>12:00 Lunch</p>	<p>23 _____ 9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>24 _____ 9:30 Coffee Chat 10:30 Yoga/Mimi 12:00 Lunch 1:00 Shopping: Target</p>	<p>25 _____ 9:30 Coffee Chat 10:30 TBD 12:00 Lunch</p>	<p>26 _____ 9:30 Coffee Chat 10:30 TBD 12:00 Lunch</p>
<p>29 _____ 9:30 Coffee Chat 10:30 TBD 12:00 Lunch</p>	<p>30 _____ 9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>31 _____ 9:30 Coffee Chat 10:30 Halifax Health Intro to Aromatherapy 12:00 Lunch 1:00 Shopping: Target</p>	<p>FLAGLER COUNTY SENIOR CENTER 2200 State Street (US1 N) Bunnell, FL 32110</p>	<p>Community Legal Services of Mid-Florida FOR APPOINTMENTS 800-405-1417 www.clsmf.org</p>

**For Reservations:
Call 386-313-4370**

Flagler County Senior Center
Mon – Fri 9:30 AM – 1:00 PM

Activities are subject to change