Flagler County Board of County Commissioners – Senior Services **For Reservations***, call 386- 313-4370

August 2024 Menu LOW FAT MILK SERVED DAILY

For Reservations*, call 386- 3				FAT MILK SERVED DAILY
Monday	Tuesday	Wednesday	Thursday	Friday
HELLO	For Health Reasons Taking Out Potentially-Hazardous Foods From This Dining Site Is <i>NOT</i> <i>RECOMMENDED</i> <u>Doing So Is</u> <u>At Your Own Risk</u>	STOP THAT BUS Did your plans change? CALL 386-313-4100 To cancel your bus service	1 Breaded Chicken w/Country Pepper Gravy Brussels Sprouts Mixed Vegetables & Squash Whole Grain Bread 1 Margarine Cup 8 oz. 1% Milk	2 <u>Eggs in Garden Sauce</u> Diced Breakfast Potatoes Cranberry Pears Whole Grain Bread Margarine Cup 8 oz. 1% Milk
5 <u>Honey Orange Glazed Fish</u> Broccoli Garlic Mashed Potatoes Whole Grain Bread 8 oz. 1% Milk	6 <u>Chicken in Italian Sauce</u> Green Beans Diced Potatoes Whole Wheat Bread 1 Margarine Cup Applesauce/8 oz 1% Milk	7 <u>Bean Burrito W/Queso</u> Carrots Corn Sunflower Kernels Blended Juice 8 oz. 1% Milk	8 <u>Chicken Patty in Picadillo</u> <u>Sauce</u> Green Peas Sweet Potatoes Whole Grain Bread Snickerdoodle Cookie 8 oz. 1% Milk	9 <u>Pork Riblet in BBQ Sauce</u> Mixed Vegetables Garlic Mashed Potatoes Whole Grain Bread 8 oz. 1% Milk
12 <u>Beef Patty in Teriyaki Sauce</u> Mixed Vegetables White Rice Whole Grain Bread Applesauce 8 oz. 1% Milk/Margarine	13 <u>Macaroni & Cheese</u> Carrots Green Beans Whole Grain Bread Margarine Cup Blended Juice 8 oz. 1% Milk	14 <u>Beef Patty in Brown Gravy</u> Mixed Vegetables Brown Rice Whole Grain Bread Applesauce 8 oz. 1% Milk	15 <u>Manicotti w/Tomato Sauce</u> Mixed Vegetables Whole Grain Bread Oatmeal Raisin Cookie Pineapple Juice 8 oz. 1% Milk	16 <u>Pasta Bolognese</u> Italian Vegetable Medley Whole Grain Bread Blended Juice 8 oz. 1% Milk
19 <u>General Tso's Chicken</u> Peas and Carrots Gingered Rice Whole Wheat Bread Applesauce 8 oz. 1% Milk	20 <u>Grilled Pork Chop in Gravy</u> Brussels Sprouts Parslied Mashed Potatoes Hamburger Bun Whole Grain Bread Pineapple Juice 8 oz. 1% Milk	21 <u>Twisted Mac & Cheese</u> <u>w/Vegan Chorizo</u> Mixed Vegetables Whole Wheat Bread Peanut Butter Blended Juice 8 oz. 1% Milk	22 <u>Mexican Bean Burrito</u> <u>w/Southwest Sauce</u> Green Bean & Red Pepper Mix Papas Con Chile Sunflower Kernels 8 oz. 1% Milk	23 <u>Stuffed Pasta In Broccoli</u> <u>Cheese Sauce</u> Corn Whole Wheat Bread Sugar Cookie Blended Juice 8 oz. 1% Milk
26 <u>Manicotti Alfredo</u> Corn Carrots Whole Grain Bread 2 Margarine Cups 8 oz. 1% Milk	27 <u>Plant Based Chick'n Nuggets</u> Mixed Vegetable & Squash Rice Pilaf with Tomatoes Whole Wheat Bread Banana Sandwich Cookies 8 oz. 1% Milk/1 Pkt Ketchup	28 <u>Meatballs and Pasta</u> <u>Marinara</u> Green Beans Whole Grain Bread Applesauce 8 oz. 1% Milk	29 <u>Breaded Chicken w/Country</u> <u>Pepper Gravy</u> Brussels Sprouts Mixed Vegetables & Squash Whole Grain Bread 1 Margarine Cup 8 oz. 1% Milk	30 <u>Eggs in Garden Sauce</u> Diced Breakfast Potatoes Cranberry Pears Whole Grain Bread Margarine Cup 8 oz. 1% Milk