







July 2024

Monday	Tuesday	🛒 Wednesday 🛒	Thursday	Friday
<p>1 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Exercise</p> <p>12:00 Lunch</p>	<p>2 _____</p> <p>9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>3 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Bead Necklaces</p> <p>12:00 Lunch</p> <p>1:00 Shopping: Target</p>	<p>4 Center Closed for 4th of July</p> 	<p>5 Center Closed for Employee Appreciation Day</p> 
<p>8 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Inner Strength Guided Meditation Video</p> <p>12:00 Lunch</p>	<p>9 _____</p> <p>9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>10 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Halifax Heath – Seniors & Sunshine</p> <p>12:00 Lunch</p> <p>1:00 Shopping: Walmart</p>	<p>11 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Walking to the Oldies</p> <p>12:00 Lunch</p>	<p>12 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Game Day</p> <p>12:00 Lunch </p>
<p>15 <u>BIRTHDAY BASH</u></p> <p>9:30 Coffee Chat</p>  <p>12:00 Lunch</p>	<p>16 _____</p> <p>9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>17 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Step 'N Line Dance</p> <p>12:00 Lunch</p> <p>1:00 Shopping: Target</p>	<p>18 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Crochet with Friends.</p> <p>12:00 Lunch</p>	<p>19 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Open Mic- Sing, Jokes or Poems</p> <p>12:00 Lunch</p>
<p>22 <u>BIRTHDAY BASH</u></p> <p>9:30 Coffee Chat</p> <p>10:30 Nutrition ED w/Cassidy</p> <p>12:00 Lunch</p>	<p>23 _____</p> <p>9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>24 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Chair Hockey</p> <p>12:00 Lunch</p> <p>1:00 Shopping: Walmart</p>	<p>25 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Chair Yoga</p> <p>12:00 Lunch</p>	<p>26 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Movie Day</p> <p>12:00 Lunch </p>
<p>29 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Christmas in July</p> <p>12:00 Lunch </p>	<p>30 _____</p> <p>9:30 Coffee Chat</p> <p>B I N G O</p> <p>12:00 Lunch</p>	<p>31 _____</p> <p>9:30 Coffee Chat</p> <p>10:30 Game Day</p> <p>12:00 Lunch</p> <p>1:00 Shopping: Target</p>	<p>FLAGLER COUNTY SENIOR CENTER</p> <p>2200 State Street (US1 N) Bunnell, FL 32110</p>	<p>Community Legal Services of Mid-Florida FOR APPOINTMENTS</p> <p>800-405-1417 www.clsmf.org</p>

**For Reservations:
Call 386-313-4370**

Flagler County Senior Center
Mon – Fri 9:30 AM – 1:00 PM

Activities are subject to change