Flagler County Board of County Commissioners – Senior Services **For Reservations***, call 386- 313-4370

March 2024 Menu LOW FAT MILK SERVED DAILY

For Reservations*, call 386- 3	13-4370		LOW	FAT MILK SERVED DAILY
Monday	Tuesday	Wednesday	Thursday	Friday
For Health Reasons Taking Out Potentially-Hazardous Foods From This Dining Site Is <i>NOT</i> <i>RECOMMENDED</i> <u>Doing So Is</u> <u>At Your Own Risk</u>	STOP THAT BUS Did your plans change? CALL 386-313-4100 To cancel your bus service	MARCH		1 <u>Pork Riblet in BBQ Sauce</u> Mixed Vegetables Sweet Potatoes Whole Wheat Bread Apple Juice 8 oz. 1% Milk
4 <u>Sweet and Sour Pork</u> Corn Fried Rice Whole Wheat Bread Blended Juice 8 oz. 1% Milk	5 <u>Hamburger Patty</u> Carrots Diced Potatoes Hamburger Bun Ketchup and Mustard Apple Spice Cookie 8 oz. 1% Milk	6 <u>Chicken Patty in Picadillo</u> <u>Sauce</u> Green Peas Sweet Potatoes Whole Wheat Bread Margarine Cup Blended Juice 8 oz. 1% Milk	7 <u>Pasta Bolognese</u> Italian Vegetable Blend Whole Grain Bread Margarine Cup Apple Juice 8 oz. 1% Milk	8 <u>Honey Mustard Chicken</u> Carrots Diced Potatoes Whole Grain Bread Chocolate Chip Cookie Margarine Cup Lemon Sandwich Cookies 8 oz. 1% Milk
11 <u>Beef Patty in Teriyaki</u> Mixed Vegetables White Rice Whole Wheat Bread Pineapple Juice 8 oz. 1% Milk	12 <u>Chicken in Italian Sauce</u> Green Beans Diced Potatoes Whole Grain Bread Blended Juice 8 oz. 1% Milk	13 <u>Meatballs and Pasta</u> <u>Marinara</u> Steamed Broccoli Whole Wheat Bread Apple Spice Cookie 8 oz. 1% Milk	14 <u>Chicken Fajita</u> Butternut Squash Black Beans Whole Grain Bread Apple Juice 8 oz. 1% Milk	15 Rancheros Cheese Omelet Breakfast Potatoes Cranberry Pears Whole Grain Bread Margarine Cup Special St. Patrick's Dessert 8 oz. 1% Milk
18 Beef Patty in Brown Gravy Mixed Vegetables White Rice Whole Wheat Bread Pineapple Juice 8 oz. 1% Milk	19 <u>Three Cheese Mac & Cheese</u> Carrots Green Beans Whole Grain Bread Blended Juice 8 oz. 1% Milk	20 <u>Dinner Loaf</u> Stewed Tomatoes Diced Potatoes Whole Wheat Bread Strawberry Sandwich Cookies Apple Juice/8 oz 1% Milk	21 <u>Breaded Chicken w/</u> <u>Country Pepper Gravy</u> Brussels Sprouts Mixed Vegetables & Squash Whole Grain Bread Margarine Cups Blended Juice/8 oz. 1% Milk	22 <u>Manicotti Alfredo</u> Corn Carrots Whole Grain Bread Lemon Sandwich Cookies 8 oz. 1% Milk
25 <u>Twisted Mac & Cheese</u> Mixed Vegetables Whole Grain Bread 1 Margarine Cup Blended Juice 8 oz. 1% Milk	26 Egg w/Sausage Pepper Gravy Breakfast Potatoes Maple Cinnamon Apples Whole Grain Bread Graham Crackers 8 oz. 1% Milk	27 <u>Diced Chicken</u> Green Bean/Pepper Mix Yellow Rice w/Tomato Whole Wheat Bread Peanuts Apple Cherry Juice 8 oz. 1% Milk	28 <u>Stuffed Pasta in Broccoli</u> <u>Cheese Sauce</u> Broccoli Cranberry Apples Whole Wheat Bread Blended Juice 8 oz. 1% Milk	29 <u>Pork Riblet in BBQ Sauce</u> Mixed Vegetables Sweet Potatoes Whole Wheat Bread Apple Juice 8 oz. 1% Milk

*Meal Reservations are required and must be received by NOON the day before you want to come in. Make cancellations as soon as possible.